

# Team Building

## **Target audience – Who should attend?**

Executives, managers and supervisors who work together towards one common goal would be the ideal target audience for this program. The team player profile is starkly different from that of an individual contributor. A team player is one who understands and appreciates the dynamics within a team, the importance of maintaining a healthy relationship with other team members and works towards achieving the team as well as the organization's goals.

## **Program summary – What is the program all about?**

In this highly competitive world, an organization that stays together will march ahead together towards successful accomplishment of its goals. A team could be as small as two people or as large as the entire organization. The important thing to acknowledge is that it is close to impossible for anyone to be working in silo and then hope to be successful. An individual's success lies in the organization's success and vice-versa.

In keeping with the above quote, the Team Building workshop essentially covers all the important aspects of team formation and team stabilization. The participants are made cognizant of the importance of a team, how a team helps one to grow, how one could be a team player and what are the ingredients of creating and being part of a successful team.

An individual level personality test that is conducted with each participant is a highlight of the program. At the end of the program the participants will be able to appreciate the importance of working together as a team leading to team and hence organization success.

## **Course Objectives:**

By the end of the training program the participants will be able to:

- Understand the concept of team work, team player, team building
- Understand why we should be a team
- Identify how a team works best
- List the dependencies of team morale
- Understand teamwork skills
- List the various stages in team building
- Appreciate the roles of the various members in a team
- Identify various personality types and how to work with each type
- Identify individual personality type and how they can contribute to a team
- Understand the concept of Conflict management within a team
- Understand the impact of behaviors on team building
- Learn the art of sharing and receiving feedback
- Tips for building a successful team leading to organization success

## **What you could expect:**

A clear understanding of the various essentials for team building and the recipe for building a successful team, which will enable you to become a successful team player.

- An insight in to your personality type which will help you understand your own self as well as others and their behavior better, thereby facilitating better understanding within the team.
- An in-depth understanding of how you can internalize all the learning and apply it in your day-to-day work life to build high-achieving teams.

Duration – 1 Day